

Transform your money from where it is to where you want it to be!

Dreams Dreams Dreams Exercise

The Dream Dream Dream Exercise is a simple and fun exercise that will help you get clear about your dreams and what you want for your future. This exercise is best done with a partner, friend or family member. Let's get the creative dream juices flowing! (Just start the exercise and you will be surprised how quickly ideas and dreams will come to you.) And remember, HAVE FUN with it!

The 20-Minute Dream Exercise

Set a timer for 20 minutes and start to make the following lists of things you want to accomplish in your lifetime:

- ☺ at least 20 things you want to do
(i.e. Travel to China, Write a book, Have your dream job)
- ☺ at least 20 things you want to have
(A red sports car, a vacation home)
- ☺ at least 20 things you want to be
(a bestselling author, a grandparent, crazy in love)

Talk out loud with your partner, friend or family member. Borrow from your partner with pride! Write what you come up with on the following pages. Make sure that you do the exercise individually.

If you are doing this with your family, do the exercise for each person, compare them, and then come up with new ones that combine each person's dreams.

Some areas of your life to look at:

Family, money, home, career or work, business, leisure time, health and fitness, relationships, community, goals, religion or spirituality

Remember there are no wrong answers! Be as crazy or silly or as impossible as you want! Don't worry about achieving any of these things! You are not making promises. Just think, fantasize and dream!

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20 Things You Want To Do

- 1) I Want to _____
- 2) I Want to _____
- 3) I Want to _____
- 4) I Want to _____
- 5) I Want to _____
- 6) I Want to _____
- 7) I Want to _____
- 8) I Want to _____
- 9) I Want to _____
- 10) I Want to _____
- 11) I Want to _____
- 12) I Want to _____
- 13) I Want to _____
- 14) I Want to _____
- 15) I Want to _____
- 16) I Want to _____
- 17) I Want to _____
- 18) I Want to _____
- 19) I Want to _____
- 20) I Want to _____

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20 Things You Want To Have

- 1) I Want to Have _____
- 2) I Want to Have _____
- 3) I Want to Have _____
- 4) I Want to Have _____
- 5) I Want to Have _____
- 6) I Want to Have _____
- 7) I Want to Have _____
- 8) I Want to Have _____
- 9) I Want to Have _____
- 10) I Want to Have _____
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- 12) I Want to Have _____
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- 14) I Want to Have _____
- 15) I Want to Have _____
- 16) I Want to Have _____
- 17) I Want to Have _____
- 18) I Want to Have _____
- 19) I Want to Have _____
- 20) I Want to Have _____

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20 Things You Want To Be

- 1) I Want to Be _____
- 2) I Want to Be _____
- 3) I Want to Be _____
- 4) I Want to Be _____
- 5) I Want to Be _____
- 6) I Want to Be _____
- 7) I Want to Be _____
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- 12) I Want to Be _____
- 13) I Want to Be _____
- 14) I Want to Be _____
- 15) I Want to Be _____
- 16) I Want to Be _____
- 17) I Want to Be _____
- 18) I Want to Be _____
- 19) I Want to Be _____
- 20) I Want to Be _____